

# Pressure Injuries and Complex Surgical Wounds: An Advanced Practice Course

June 14–15, 2019

## Day 1 – June 14, 2019

<i>Time</i>	<i>Content</i>	<i>Faculty</i>
0830 – 0845	<b>Course Introduction</b>	Laura Teague
0845 – 0945	<b>Surgical Wound Complications</b> <ul style="list-style-type: none"> <li>◆ Pathophysiology of surgical wounds</li> <li>◆ Guidelines for prevention and treatment of surgical wounds</li> </ul>	Laura Teague
0945 – 1115	<b>Surgical Procedures</b> <ul style="list-style-type: none"> <li>◆ Diagnostic reasoning and surgical principles</li> <li>◆ Biopsies, excision and suturing</li> </ul>	Valerie Winberg
1115 – 1130	<i>Break</i>	
1130 – 1215	<b>Debridement Practice Session</b> <ul style="list-style-type: none"> <li>◆ Debridement: Autolytic, enzymatic, mechanical and sharp</li> </ul>	Laboratory Session with Laura Teague
1215 – 1245	<i>Lunch</i>	
1245 – 1345	<b>Surgical Procedures Practice Session</b> <ul style="list-style-type: none"> <li>◆ Excision, biopsies, suturing</li> </ul>	Laboratory Session with Valerie Winberg
1345 – 1545	<b>Advanced Therapeutics for Wounds</b> <ul style="list-style-type: none"> <li>◆ Skin tears/skin sealants</li> <li>◆ Antimicrobial dressings</li> <li>◆ Fillers and foams/composite dressings</li> <li>◆ Acrylics, films and hydrocolloid dressings</li> </ul>	Laboratory Session with Vendors
1545 – 1630	<b>Case Studies on Skin Tears and Surgical Wounds</b> <b>Quiz Review and Course Evaluation</b>	Laura Teague and Valerie Winberg
1630	<b>Close of Day 1</b>	

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## Day 2 – June 15, 2019

Time	Content	Faculty
0830 – 1000	<b>Assessment and Diagnosis of Pressure Injuries</b> <ul style="list-style-type: none"> <li>◆ Prevalence of pressures injuries in Canada</li> <li>◆ Pathophysiology of pressure injury</li> <li>◆ Clinical features of pressure injury and staging Injuries (NPUAP classification system)</li> <li>◆ Differential diagnoses of pressures injuries</li> <li>◆ Physiology of wound healing</li> </ul>	Laura Teague
1000 – 1015	Break	
1015 – 1215	<b>Treating and Preventing the Cause of Pressure Injuries</b> <ul style="list-style-type: none"> <li>◆ Pressure management strategies</li> <li>◆ Improving healing through nutrition</li> <li>◆ Patient centered concerns, unavoidable pressure injuries</li> <li>◆ Local wound care: debridement, bacterial balance and dressing choices</li> </ul>	Laura Teague Janice Hon Maisie Vanriel
1215 – 1245	Lunch	
1245 – 1415	<b>Simulation Lab Session</b> <ol style="list-style-type: none"> <li>1: Use of boots and other offloading devices</li> <li>2: Positioning patients in bed (use of mattress surfaces and cushions)</li> </ol>	Laura Teague Janice Hon
1415 – 1430	Break	
1430 – 1515	<b>Skin Tears</b> <ul style="list-style-type: none"> <li>◆ Pathophysiology and classification</li> <li>◆ Guidelines for prevention and treatment</li> </ul>	Karen Campbell
1515 – 1635	<b>Case Studies on Pressure Injuries</b>	Laura Teague
1635	<b>Close of Day 2</b>	